

# Peterborough Teenage Pregnancy Strategy

# Multi-Agency Training Brochure 2009

In conjunction with



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## **Welcome**

Welcome to the new 2009 Teenage Pregnancy Training Brochure.

This year we have worked with partner organisations and training deliverers to revise the sexual health training we offer to meet the needs of professionals working with young people in Peterborough. The courses have been streamlined which will be more time and cost efficient

The training offered in this brochure is run by the Peterborough Primary Care Trust (PCT) and Peterborough HIV Support Service (PHSS).

All courses are free of charge (unless otherwise stated) to staff from Peterborough City Council, Peterborough Primary Care Trust, voluntary organisations and partner agencies.

## How Do I Apply?

### **Applications**

The places are offered **Free of Charge** to professionals working with children and young people in Peterborough. Applications from outside the area are welcome, but a charge will apply and places will be prioritised for professionals working in Peterborough.

All courses will be allocated on a first-come, first-served basis, with a **maximum of 16** and a **minimum of 8** delegates able to attend each course.

Please ensure that all application forms are completed fully and clearly to ensure contact information can be read.

We would ask you to please ensure that your line manager signs and clearly prints their name on all application forms before sending them to us.

By signing the application form, your line manager is agreeing to the application process, including **cancellation charges**, and will be responsible for advising the Teenage Pregnancy Administrator as soon as possible if you are unable to attend the course for any reason.

### **Cancellation Policy**

Places on courses are limited; therefore, if you are unable to attend a course for any reason we require written/email confirmation at least 5 working days before the course date.

**If you fail to notify us, a cancellation charge of £100.00 will apply to all courses.** It is important to advise the Teenage Pregnancy Administrator on 01733 863956 or at [margaret.garford@peterborough.gov.uk](mailto:margaret.garford@peterborough.gov.uk) if you are off work unexpectedly and are unable to attend.

### **Confirmation**

On receipt of completed application forms, the Teenage Pregnancy Administrator will notify individuals and their line managers by email or letter with regards to whether they have been successful in gaining a place on a course. **However**, we would recommend that if you have not received confirmation of your place within **2 weeks of the course date** that you contact the Teenage Pregnancy Administrator on 01733 863956 to confirm that you have a place.

## **Venues**

All courses, unless otherwise stated in your confirmation letter, will be held at the Salvation Army Church & Community Centre, 1203 Bourges Boulevard, Peterborough PE1 2AU (car parking available at the rear of the centre). Tel: 01733 564540. **Directions are no longer distributed with confirmation letters – please find a map on page 10.**

Refreshments and lunch are provided on all courses. If you have any **special dietary** requirements, please ensure you clearly indicate these on your course booking form.

## **Additional Requirements**

If you have any access requirements or learning needs that would be beneficial to the trainer i.e. specific colour of handout paper, please let us know. We aim to ensure that each course is a positive experience.

## **Which course should I attend?**

There are two main courses on offer and these are delivered in partnership between health practitioners and service specific professionals.

It is recognised that there are advantages of delivering training to similar job roles together, and where possible trainers will endeavour to tailor sessions appropriately.

The two essential training options are:

### **Basic Sexual Health Training (1 Day)**

A stand alone session for Universal Services professionals whose job role requires them to have a basic understanding of sexual health issues in order to signpost young people on to the appropriate service(s). Others who may benefit from this training include people who come into contact with young people as part of their day-to-day work and may include roles such as Universal Personal Advisor, Learning Support Assistant in a school setting, NHS Walk in Centre or GP surgery reception staff and Pharmacist, but this is not an exclusive list.

### **Comprehensive Sexual Health Training (2 Days)**

A more rigorous course for professionals working intensively with young people as an individual or in a group basis, who need a comprehensive understanding of Sexual Health emotional well-being and self esteem.

It is strongly recommended for staff working intensively with vulnerable or 'at risk' young people, i.e., Social Workers, Residential Care Workers, YOS Officers, PSHE Co-ordinators, designated Child Protection leads, Youth Workers, Practice and School Nurses and those who wish to deliver sexual health and relationship sessions to young people or those seeking to be part of the Chlamydia Screening Programme or C-Card Scheme.

**Still unsure** after reading the above and the following course content then please telephone Teenage Pregnancy Administrator on 01733 863956.

## Course Content

### **Basic Sexual Health Training (1 Day)**

- Frasier Guidelines and Confidentiality
- Teenage Pregnancy Risk Factors
- Teenage Pregnancy 'Means and Motivation'
- Professional Practice Skills re talking to young people about sex and relationships (inc. response to disclosure of pregnancy)
- Examining own values
- Sexual Health Campaign
- Signposting for:
  - \* CaSH (Contraception and Sexual Health) Service
  - \* C-Card Scheme
  - \* Pregnancy Testing
  - \* Teenage Pregnancy Midwife
- Basic Overview of STIs and C-Card Scheme

### **Comprehensive Training (2 Days)**

- Frasier Guidelines and Confidentiality
- Teenage Pregnancy Risk Factors
- Teenage Pregnancy 'Means and Motivation'
- Professional Practice Skills re talking to young people about sex and relationships (inc. response to disclosure of pregnancy)
- Examining own values
- Sexual Health Campaign
- Signposting for:
  - \* CaSH (Contraception and Sexual Health) Service
  - \* C-Card Scheme
  - \* Pregnancy Testing
  - \* Teenage Pregnancy Midwife
- Covers in addition information on preventing Teenage Pregnancies
- C Card scheme and condom distribution
- STIs
- Sexuality
- HIV and AIDS
- Predominantly practical exercises / resources for professionals to take away and use in 1:1 or group settings
- Local Safeguarding Children's Board (PSCB) risk assessments
- Chlamydia Screening
- Tools and skills to engage young people in discussions around Sexual Health, relationships, delay, early sex and pregnancy

**NB:** Attendees **must** ensure they are able to attend **both** days of the 2-day training before applying.

## Training Programme – 2009

Course	Dates	Training Provider(s)
Comprehensive Sexual Health Training (2 Day)	Wed 14 J & Thu 15 January 9.15 arrive for 9.30 am start and 4 pm finish	Gill Hanby Peterborough PCT PHSS Young People's Service
Basic Sexual Health Training (1 Day)	Wed 11 February 9.15 arrive for 9.30 am start and 4.30 pm finish	Gill Hanby Peterborough PCT PHSS
Comprehensive Sexual Health Training (2 Day)	Wed 18 & Wed 25 March 9.15 arrive for 9.30 am start and 4 pm finish	Gill Hanby Peterborough PCT PHSS Young People's Service
Comprehensive Sexual Health Training (2 day)	Thu 4 & Thu 11 June 9.15 arrive for 9.30 am start and 4 pm finish	Gill Hanby Peterborough PCT PHSS Young People's Service
Comprehensive Sexual Health Training (2 day)	Wed 23 & Thu 24 September 9.15 arrive for 9.30 am start and 4 pm finish	Gill Hanby Peterborough PCT PHSS Young People's Service
Basic Sexual Health Training (1 day)	Wed 7 October 9.15 arrive for 9.30 start and 4.30 pm finish	Gill Hanby Peterborough PCT PHSS
Comprehensive Sexual Health Training (2 day)	Tue 10 & Tue 17 November 9.15 arrive for 9.30 am start and 4 pm finish	Gill Hanby Peterborough PCT PHSS Young People's Service

**Peterborough Teenage Pregnancy Partnership - Multi-Agency Training**

**Application Form**

Please complete one form per person, per course in black ink using capital letters and return to:

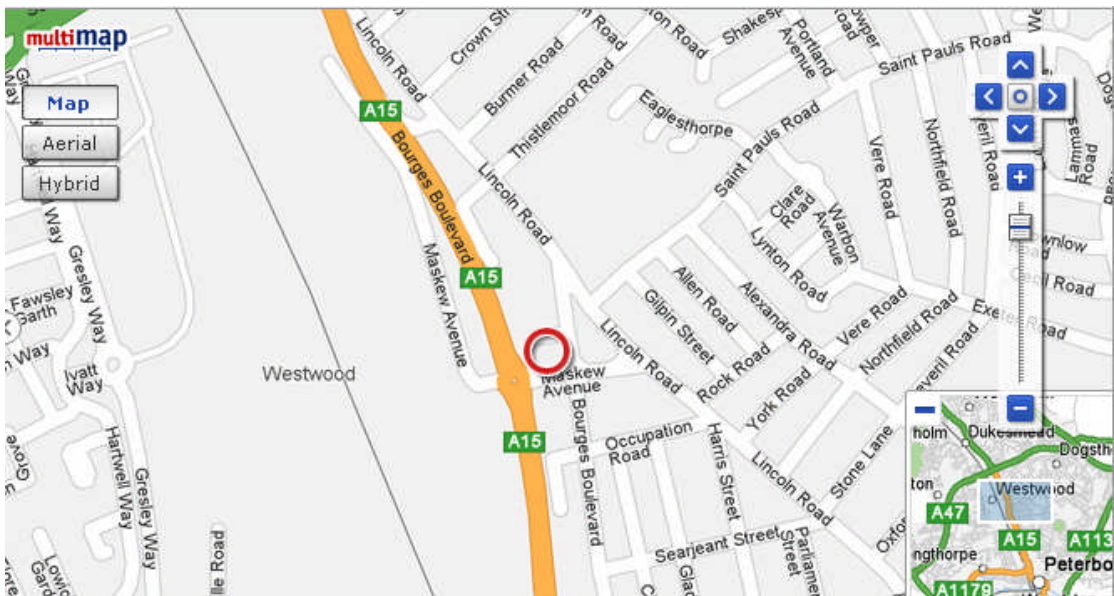
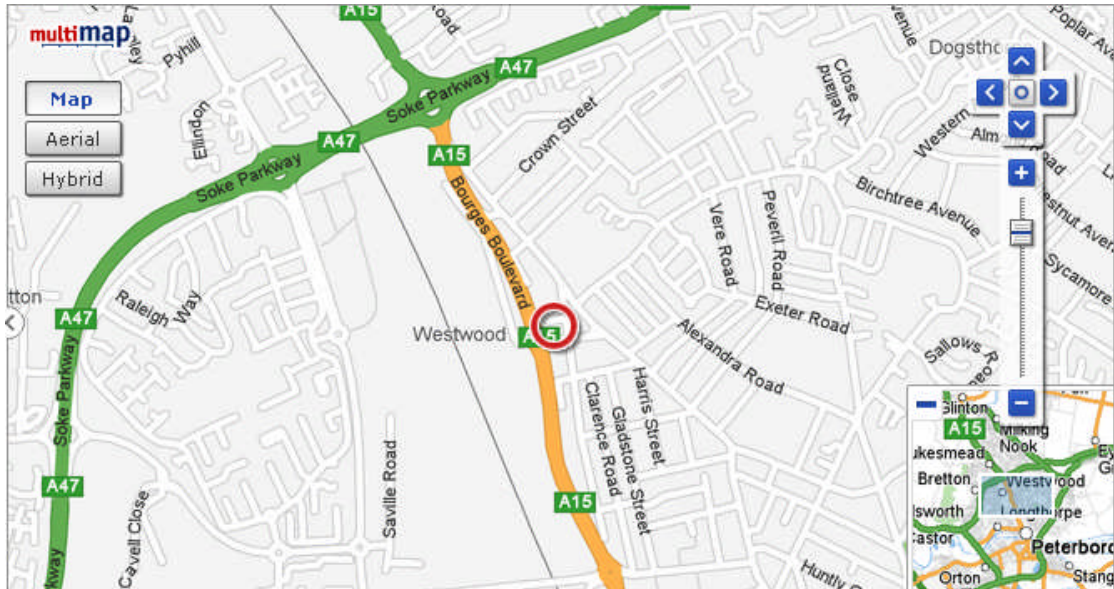
Margaret Garford, Teenage Pregnancy Administrator, Peterborough City Council,  
Children's Services, 4<sup>th</sup> Floor, Bayard Place, Broadway, Peterborough PE1 1FD

<b>Course Title:</b>	
<b>Course Date(s):</b>	
<b>Name of Applicant:</b>	
<b>Job Title:</b>	
<b>Organisation / Agency:</b>	
<b>Address:</b>	
<b>Postcode:</b>	
<b>Telephone Number:</b>	
<b>Work Mobile Number:</b>	
<b>Fax. Number:</b>	
<b>Email Address:</b>	
<b>Any additional needs?</b>	
<b>Any special dietary requirements?</b>	
<b>Applicant's Signature:</b>	<b>Date:</b>
<b>Line Manager:</b>	<b>Date:</b>
<b>Line Manager's Email Address:</b>	
<b>Line Manager's Signature:</b>	
<b>(By signing this form you are agreeing to the Application Process on Page 4)</b>	

Places on courses are limited. Please ensure that you are available to attend the whole of the course. Delegates who fail to attend a course without complying with our cancellation policy will be liable to pay a cancellation charge of £100.00

# Map

## Location of the Salvation Army Church & Community Centre



**Salvation Army Church & Community Centre**  
**1203 Bourges Boulevard**  
**Peterborough**  
**PE1 2AU**

**Tel: 01733 564540**

**NB: there is parking available at the rear of the centre**