



LPC Newsletter

Summer 2009



Cambridgeshire and Peterborough Local Pharmaceutical Committee

Swine Flu

All pharmacy teams should regularly check the HPA website (www.hpa.org.uk) for the latest information. Pharmacies are well placed for reinforcing the public health messages on good hygiene including using tissues (Catch It, Bin It, Kill It) and regular hand washing.

General Guidance from NHS Direct for patients and the public:

1st Visit the NHS Choices website (www.nhs.uk) for information and FAQs about Swine Flu. There is also an [online flu symptom checker](#) on the NHS Direct website (www.nhsdirect.nhs.uk).

2nd Ring the national Swine Flu Information Line (0800 1 513 513). This provides pre-recorded information about Swine Flu.

3rd Call the NHS Direct telephone service (0845 4647) Callers with flu-like symptoms, who have internet access, will be asked to try the online flu symptom checker first. If necessary, they will be able to request a call back from an advisor. Otherwise callers are asked to hold to speak to someone who can help.

4th Contact your GP over the phone.

The links above can all be accessed via the LPC website.

Information relating to NHS Cambridgeshire can be seen in their Pharmacy Team May newsletter on the Cambridgeshire page of the LPC website.

NPSA alert on female urinary catheters causing trauma to males

Adult urinary catheters are manufactured in two lengths: female length (20-26cm), and standard length (40-45cm).

If a female length catheter is accidentally used for a male, the 'balloon' inflated with sterile water to retain the catheter will be within the urethra, rather than the bladder, and can then cause severe trauma. Make sure you select the correct size catheter.

Female-only catheters can cause severe trauma and haemorrhage if used in males.

Standard length catheters (40-45cm) can be used for males or females. Shorter catheters (20-26cm) are for females.

The alert can be seen at <http://www.npsa.nhs.uk/nrls/alerts-and-directives/rapidrr/female-urinary-catheters/>

Alert labels to go on the catheters can be generated from there.

Peterborough NSAID Audit May 2009

A reminder to Peterborough pharmacies to send back their NSAID audit returns to the pharmacy team.

LPC AGM—Notice to contractors

You are invited to attend the **LPC AGM on 15th July 2009.**

A meal is available before the AGM, starting 6pm promptly.

Date: Wednesday 15th July

Venue: Brampton Mill, Bromholme Lane, Brampton, Huntingdon PE28 4NE (see enclosed map)

Times: 6pm meal, 8pm AGM

The July LPC meeting is also taking place that day and contractors are welcome to attend all or part of the open session in the afternoon. Please let Susan know by email or on the enclosed reply slip if you wish to attend any /all of the above events.

Please contact Susan with any queries.

Email: secretary@cambslpc.org.uk

Phone: 07891 542878

We hope to see you there.

Peterborough Contract Monitoring 2009

Peterborough contract monitoring visits are starting in June. Contractors are asked to prepare for these with regards to gathering evidence and ensuring SOPs are up to date. This year, NHS Peterborough Pharmacy Team will be particularly focusing on advanced & enhanced services and therefore will be requesting evidence to support these services (completed paperwork, checking accreditation, discussing training, etc).

LPC Contract Monitoring Support

LPC support is available during contract monitoring for any contractors who would like it, before or after the visit or both. In addition, an LPC representative will attend your monitoring visit if you wish it. Once you know your monitoring visit date you must contact the LPC as soon as possible if you wish to have a representative there, in order to ensure availability of an LPC member.

If you would like support during the monitoring process or visit please contact the LPC administrator Susan on 07891 542878 or email secretary@cambslpc.org.uk

NHS Prescription Services Open Days

The NHS Prescription Services holds regular open days so that dispensing contractors can find out how they process prescriptions for reimbursement. During the session visitors will follow how a pharmacy account is processed.

Forthcoming dates are below. For more details go to <http://www.nhsbsa.nhs.uk/PrescriptionServices/1983.aspx>

18 June 2009	Wakefield
25 July 2009	Newcastle
6 August 2009	Middlebrook
17 September 2009	Wakefield
25 October 2009	Newcastle
5 November 2009	Middlebrook
8 December 2009	Wakefield

2009 Heatwave Plan

The NHS has published the updated Heatwave Plan ready for the summer.

The document can be downloaded from the NHS and PSNC website, follow the link on the LPC website: www.cambslpc.org.uk

Top tips for coping during a heatwave include:

Check up on friends, relatives and neighbours who may be less able to look after themselves.

Shut and shade windows when it is hotter outside and open them for ventilation when it is cooler outside.

If you are vulnerable to the effects of heat, avoid going out between 11am-3pm.

Drink cold drinks like water or fruit juice regularly and avoid tea, coffee and alcohol.

Stay tuned to the weather forecast and plan ahead with supplies.

Keep plenty of water to hand and stay in the shade where possible.

Identify the coolest room in the house.

CPPE Events locally

There will be new CPPE vascular risk focal point events as follows

- Peterborough, Tuesday 16th June, 7.30pm-9pm, Ramada Hotel, Peterborough
- Cambridgeshire, Wednesday 17th June, 7.30pm – 9pm, Girton College, Cambridge
- CPPE is running workshops locally in July to help pharmacists with their CPD. More details can be accessed via the link on the LPC home page.

Opening Hours—Boxing Day 2009

Boxing Day, 26th December 2009 is on a Saturday. The substitute Bank Holiday for Boxing Day 2009 has been declared on Monday 28 December 2009. Pharmacies that are normally open on Saturdays will need to notify the PCT (with at least 90 days notice) if they intend to close on 26 December (if the hours are all supplementary), or apply (**at least** 90 days in advance) for permission to change core contractual hours (if the Saturday hours include core contractual hours).

More information on hours, including bank holidays, is on the PSNC website www.psn.org.uk. Go to Regulations then Opening Hours.

NHS Peterborough advice on the Boxing Day 2009 opening hours can be seen in their latest newsletter, which can be viewed on the Peterborough page of the LPC website: www.cambslpc.org.uk

Training—Assessing Cardiovascular Risk in Primary Care

A course to further develop practitioners with the knowledge and skills to facilitate the assessment of an individual who might be at risk of developing cardiovascular disease and to further develop knowledge and skills to facilitate the holistic management of patients and their families who are at risk of developing or have established cardiovascular disease.

Successful completion gives participants a University Certificate in Continuing Education (UCCE) in Assessing Cardiovascular Risk in Primary Care

More information on the course can be seen via the LPC website www.cambslpc.org.uk

MUR Accreditation Course

A new PSNC endorsed MUR accreditation course for community pharmacists has been launched this week by Chemist+Druggist and Medway School of Pharmacy.

For more information go to the General News page of the PSNC website: www.psn.org.uk

LPC Website www.cambslpc.org.uk

Easy Access

You can see the latest LPC newsletters as well PCT Pharmacy team newsletters on the LPC website. More information on many of the items in this newsletter can be found on the LPC website, including links to other organisations or documents where applicable.

Contact Details: If you would like further information or have suggestions for the newsletter or website please contact Susan on secretary@cambslpc.org.uk or Tel **07891 542878**